

Pattern for a Headscarf for cancer women patients after hair loss.

1. 1 yard of silky thin fabric, or of stretchy knit fabric (fairly light weight)
2. Pattern: In shape of an elongated football, 35" from tip to tip; 22" from top to bottom in middle of football shape.
3. Template for gathering line: 19" across; 20.5" from top to bottom. I used ½ of this and flipped the template over to draw the second half of the gathering line.

Mark the fabric for a 15 inch hemline across the center of one side. This is the front of the scarf.

Turn and stitch a 1" hem across the front.; For knits, do not turn under the cut edge; for silky fabric, you need to turn under the cut edge before stitching.

Beginning at the end of the hem on one side, hem the outside of the fabric. (Note: if you serge the fabric, serge the entire piece before starting the front hem.)

Mark gathering line

Lay template on back of fabric, centering it, with top edge just below the hem. Mark around the outside of the template to give you a line to follow for the gathers. Notice the bottom of the template does NOT come to the bottom of the fabric—you want to leave at least an inch of fabric below the gathers.

Stitch gathering line—largest stitch on your machine and put in double row of stitching 1/8th inch apart.

Pull threads to gather the skull cap in to approximately 15" from edge to edge.

Cut a piece of braided elastic to 7".

Pin to gathers at ends and in the middle then pin at midpoint on each side. Center elastic over the gathering stitches. Stitch on each side of the elastic, stretching the elastic as you go.

That finishes the scarf.

Pictures on next page



What scarf looks like.



Inside of scarf showing hem at top and elastic towards the bottom of the picture



Outside of Scarf with tails spread out