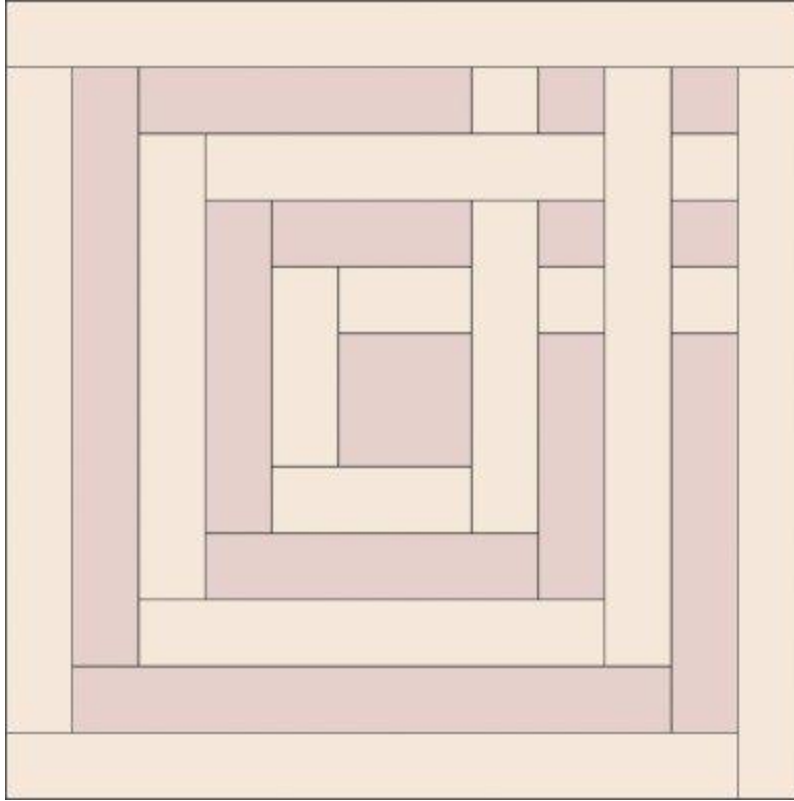


True Lovers Knot Pattern



[Quilt Blocks Image Gallery](#)

©2007 Publications International, Ltd. **This quilt block creates an intricate design you're sure to love. See more [pictures of quilt blocks](#).**

The True Lover's Knot quilt block is an intricate design that makes a bold statement in any fabric combination. The block is part of the [Hearts, Bars & Shooting Stars quilt design](#). Download the [True Lover's Knot quilt block](#) as a PDF to print out the pattern. You'll need to enlarge the quilt block at 125%.

To make the True Lover's Knot quilt block:

Cut:

From background color, cut pieces 1, 5, 6, 8, 9, 12, 14, 16, 17. From main color, cut pieces 2, 3, 4, 7, 10, 11, 13, 15, 18, 19, 20, 21. Piece A: Cut 4 from background color, and cut 4 from main color.

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Stitch:

At end of piece 9, sew a main A, then a background A. Repeat with piece 12. At end of piece 17, sew a main A, then a background A, then a main A, and finish with a background A. Stitch strips together in number order, placing them as shown on pattern.

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©2007 Publications International, Ltd. **Here's another great fabric combination.**

For example, stitch 2 to top of 1, then stitch 3 to left side of that piece, etc. Continue adding strips until block is complete.