

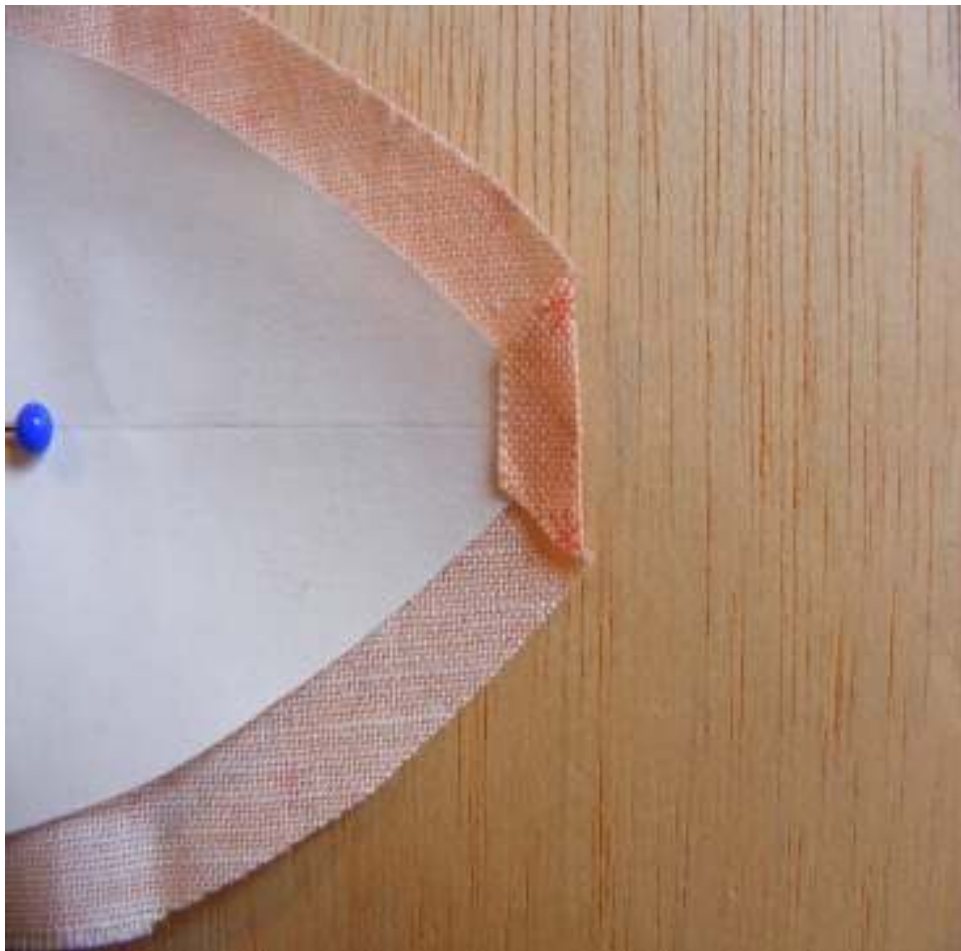
Izy's Applique using Freezer Paper Tutorial!

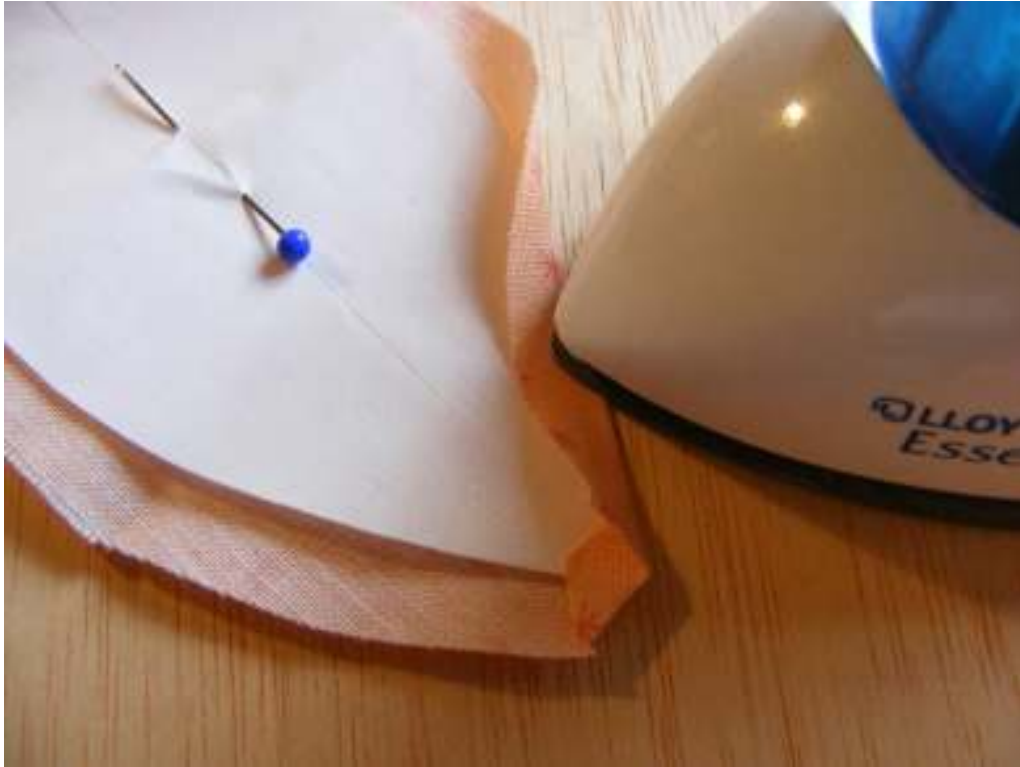
Cut out your template from the freezer paper without seam allowances, iron onto wrong side of fabric.



While the freezer paper is adhered, cut out leaving approximately $\frac{1}{4}$ " seam allowance, peel off freezer paper, flip over so that the sticky side is now up and pin to the wrong side of the fabric, ensuring you have equal seam allowance on all edges. If you are cutting out an asymmetrical shape, adhere the freezer paper to the RIGHT side before cutting out, so that when you flip the freezer paper it will be the right shape tah dah! ☺

Use a hard surface, heat proof surface, rather than an ironing board. I use an off cut of plywood, you get a lovely crisp edge without distorting the shape of the appliqué. Using a small iron, flick the point of the fabric over the freezer paper and press into place, be careful not to fold the point of the freezer paper over.





Using the point of the iron, push the fabric up and onto the freezer paper, use the tip of the iron at right angles to the freezer paper to adhere the fabric to the paper approximately every $\frac{1}{4}$ " creating little ripples, yet ensuring that the fold/edge is smooth and even.



When you are happy with the outline edge, you can now sweep the iron sideways to smooth out all the ripples, on this gentle curve.

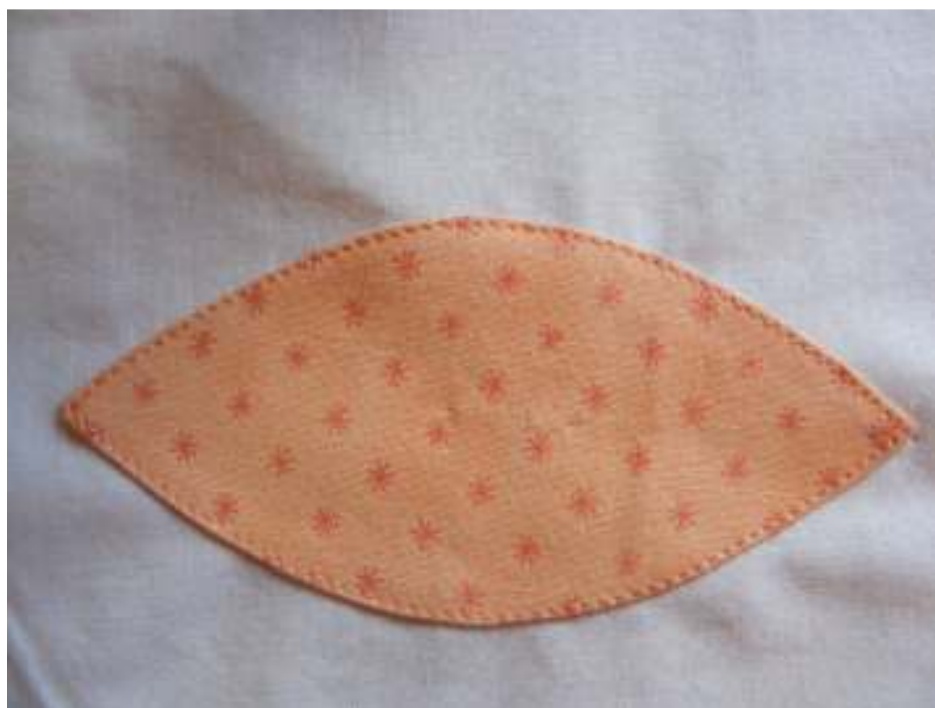


I didn't fold the other tip over before working my way around to the other side as this edge will be covered by the flower centre and will be cut away.





Pin the prepared appliqué piece to your background fabric, then top stitch using a matching colour thread as close to the edge as you can.



Now, turn over and cut through the backing fabric, leaving a $\frac{1}{4}$ " seam allowance, the freezer paper will protect your appliqué 😊



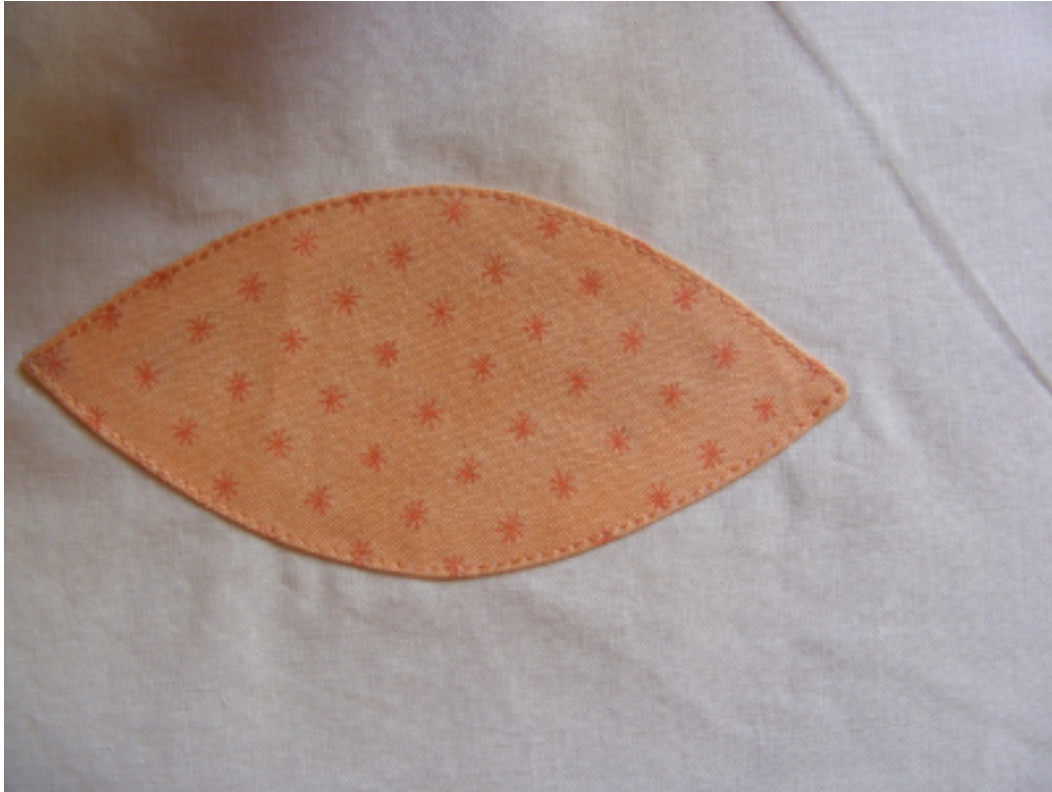
Use your seam ripper to loosen the fabric from the freezer paper all the way around.



Use the edge of seam ripper to free the freezer paper and pull out carefully. Now if you have stitched a bit closer to the edge of the appliqué than I have in this instance, you can actually get your freezer paper out with very little damage and can re-use it if you are thrifty!



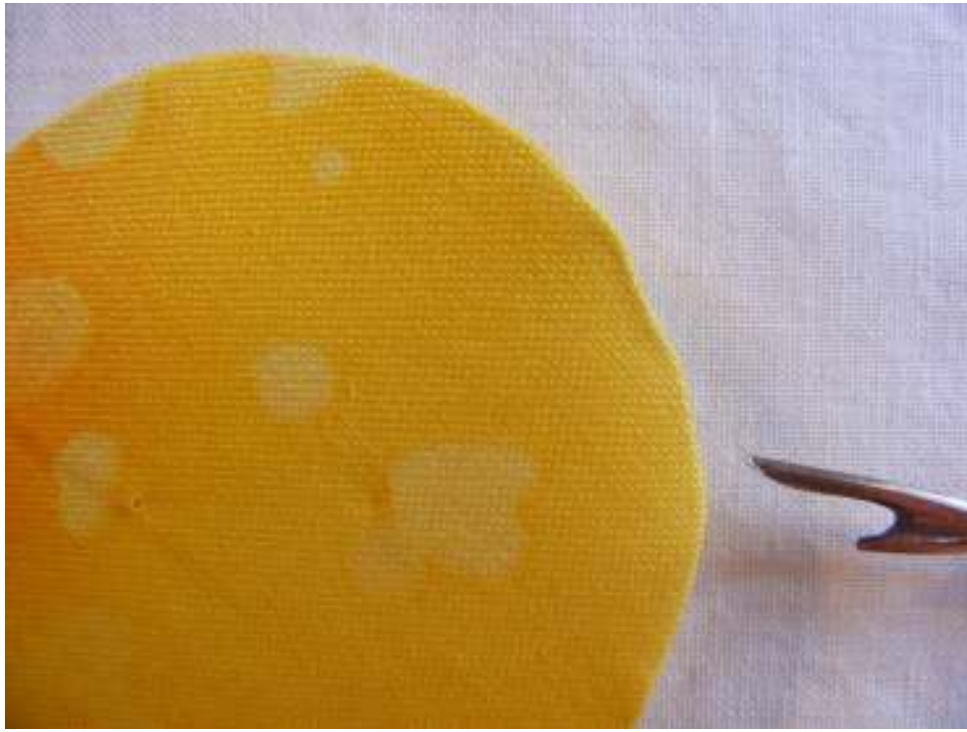
The right side:



Now to do a circle, same technique!



Point of iron, little ripples, smooth outline...hmmm maybe not?



Oops..see just above the seam ripper, a little dimple, that's where I have folded the edge of the freezer paper ..no worries, just peel fabric back off that little bit and re – do!

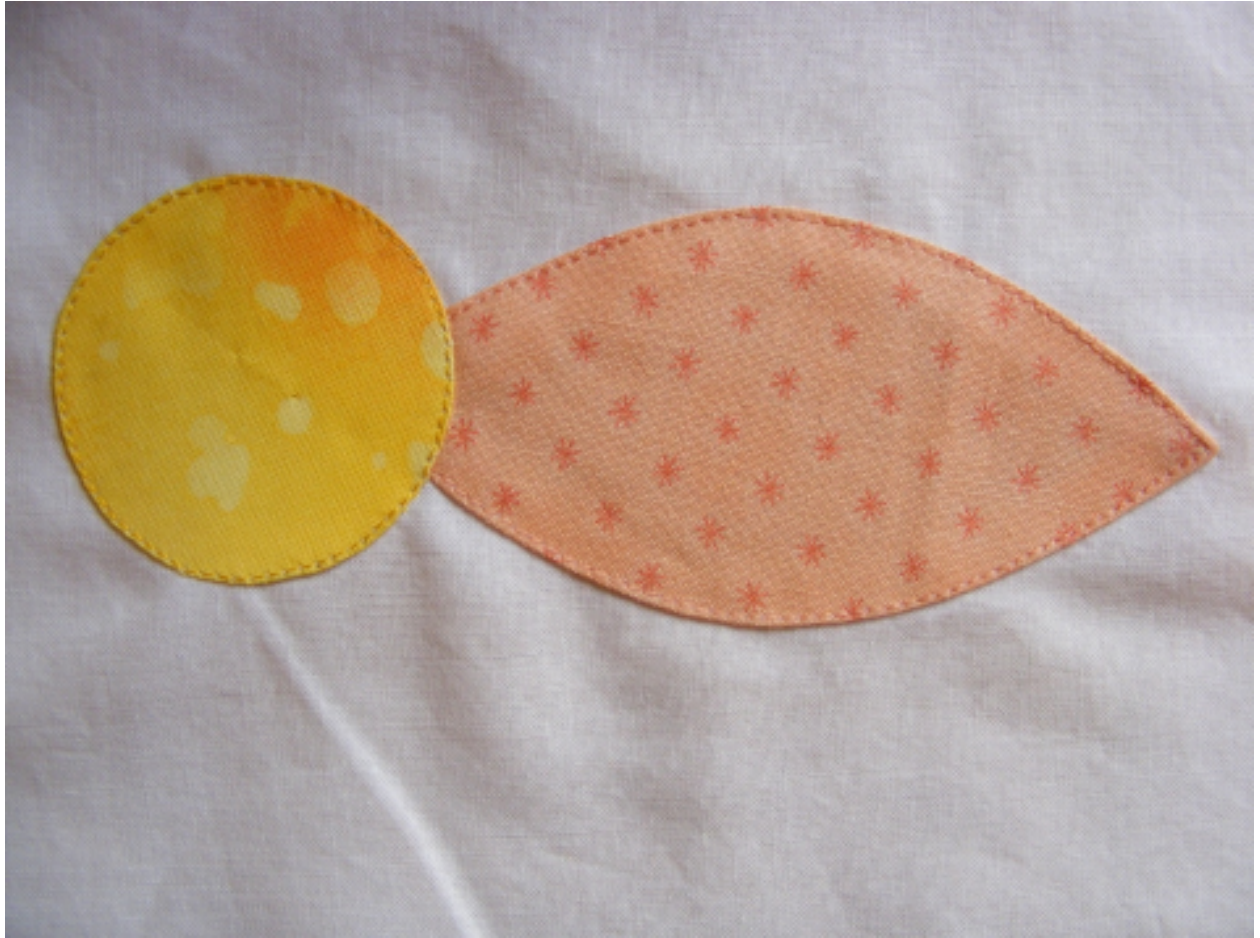


That's better, just mash down all those little pleats, if they come to the edge you will get a point, usually happens if you try and press over too big a section at the 'ripple' stage, just unpeel and try again.

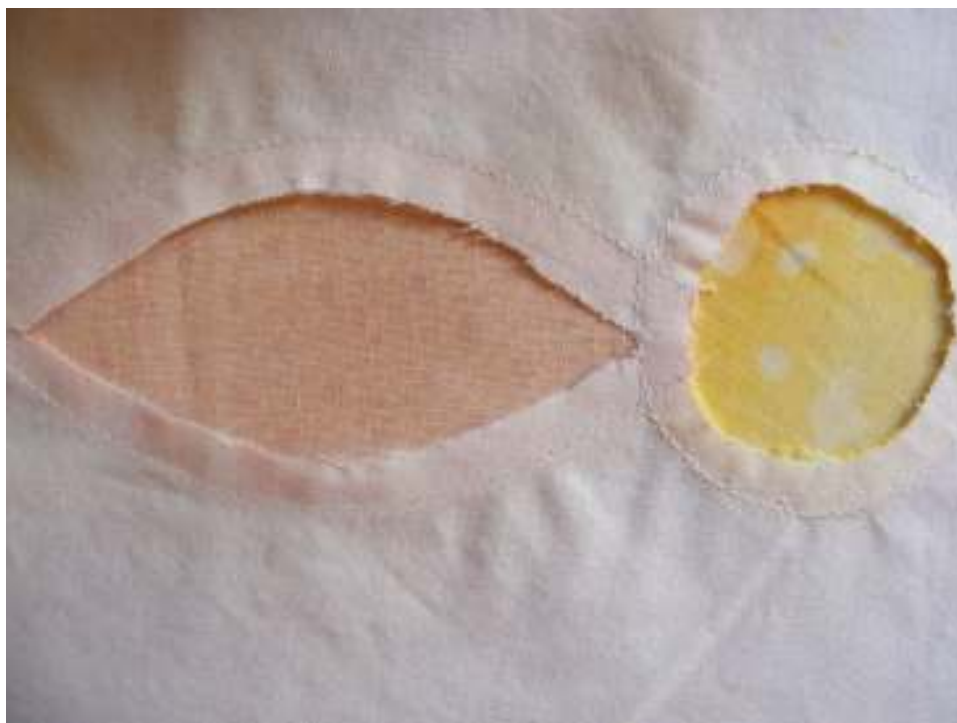


That's better!

So same again, position and pin appliqué in place, stitch CLOSE to edge with a straight stitch, flip over, cut away back, remove freezer paper and voila!



And the back:



Can you see where the tip of the leave has been removed along with the back of the flower centre,
reducing all that bulk?

Hope you like my way of doing appliqué, it's quick, neat and strong!

Happy sewing!