

# A Tug of War

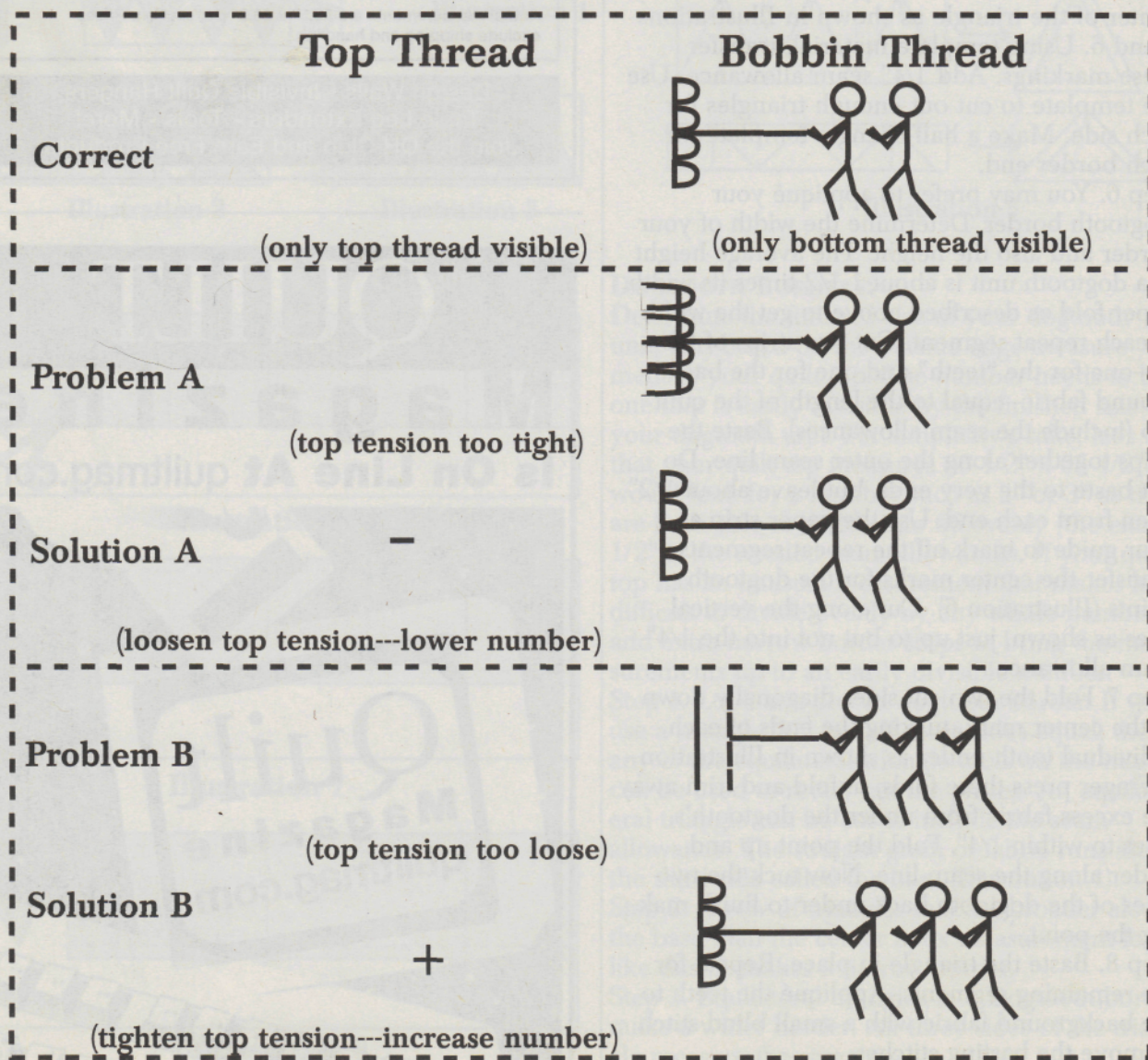
Bobbins Get Set, Then Go!

Think of the top thread and the bottom thread on your sewing machine as having a tug of war. If the threads are identical and you are sewing on a single layer of fabric, both sides have equal strength and the result will be a draw. However, in the real world, the teams are rarely equal. One team will be stronger or bigger or faster than the other. We use decorative threads on top. We often use different fibers for the top and bottom threads. We also add stabilizer or batting to our projects. Sometimes we might use a cotton bobbin thread and other times we use a polyester bobbin

thread. All these factors make it necessary to adjust the tension for each project.

By adjusting the top tension either up or down, we are able to add or take away strength on the top thread team to equalize the tug of war battle. How much to loosen or tighten the tension depends on your machine. Experiment with new settings until you get the desired result.

**Editor's Note:** To learn more about threads and to see the threads and products such as pre-wound bobbins visit the Superior Threads website: <http://www.superiorthreads.com>



by Jen

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