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The Victorians began the tradition of protecting a bed's counterpane with a throw to protect it from wear and tear. It can appear to be stenciled on, which adds dimension.

INSTRUCTIONS
Completing the Blocks
Step 1. Fold and create the A square to mark the horizontal, vertical and diagonal centers as shown in Figure 1.
Step 4. Fold each corner in half again and press the centers as shown in Figure 2.

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Autumn Breeze Sweatshirt Jacket

By Julie Weaver

Add the colors of autumn to a sale-priced sweatshirt, trim with flannel and you'll have a great gift or a treat for yourself.

Project Specifications

Skill Level: Beginner

Sweatshirt Size: Any Size

Note: Prewash sweatshirt and fabrics. Use 1/2" seams to prepare sweatshirt for appliqué.

Materials

- Autumn-colored sweatshirt
- 1 yard plaid flannel
- Plaid and striped flannel scraps for appliqué
- 1/4 yard fusible interfacing
- Scraps of fusible transfer web
- All-purpose threads to match fabrics
- 6-strand embroidery floss to match appliqués
- Basic sewing supplies and tools



Instructions

Step 1. Cut bottom and neck ribbing from sweatshirt. Stay-stitch neck. Cut opening down center front. If you want to reduce bulk in your jacket, trim an equal amount from each side of the center front opening.

Step 2. Measure around bottom of sweatshirt, both sides of front opening and around the neck. Cut enough 4" bias strips from the plaid flannel to equal this measurement plus 18". Sew strips together end to end. Press the long sides wrong sides together. Pin raw edges to right side of jacket bottom, front and neck; stitch. Turn binding to the inside and slip-stitch in place.

Step 3. Cut sleeve ribbing from sweatshirt. Decide how long you want the sleeves to be, measure up from the cut edge and trim the sleeves at this point. Cut pocket from trimmed sleeve fabric.

Step 4. To make cuffs, measure the cut edge of sleeve and add 1". From plaid flannel cut two cuffs 8" by measurement. Cut two pieces of fusible interfacing 4" by measurement. Following manufacturer's instructions, fuse interfacing to one half of wrong side of each cuff. Press under 1/4" on the other half of the cuff pieces. With right sides together, sew the side seam on each cuff.

Step 5. With right sides together, pin the cuff to the sleeve; stitch. Turn the cuff to the inside and slip-stitch in place over sewn seam. Turn cuff up on outside of jacket.

Step 6. Trace appliqué shapes on paper side of fusible transfer web. Cut out leaving roughly 1/2" around traced lines. Following manufacturer's instructions, fuse to selected fabrics.

Step 7. Referring to photo, position appliqués on front of jacket and center of pocket; fuse.

Step 8. With 3 strands of matching 6-strand embroidery floss, work buttonhole stitch around appliqué pieces. Work chain stitch on leaf vein, leaf stems,

— *Autumn Breeze Sweatshirt Jacket* —

pumpkin curve lines and curlicue pumpkin tendrils as shown in Fig. 1.

Step 9. Place pocket and lining right sides together. Sew around pocket, leaving top open. Turn right side out and press. Cut a 6½" length of bias made in Step 2. Pin raw edges to top front of pocket, allowing ¼" overlap on each end. Stitch in place. Fold side edges in, turn binding to inside of pocket and slip-stitch in place. Attach pocket to front of jacket by hand or machine. \$

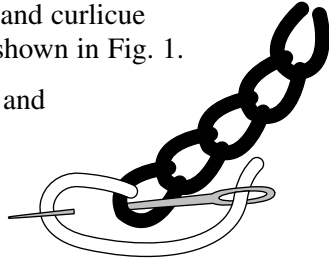
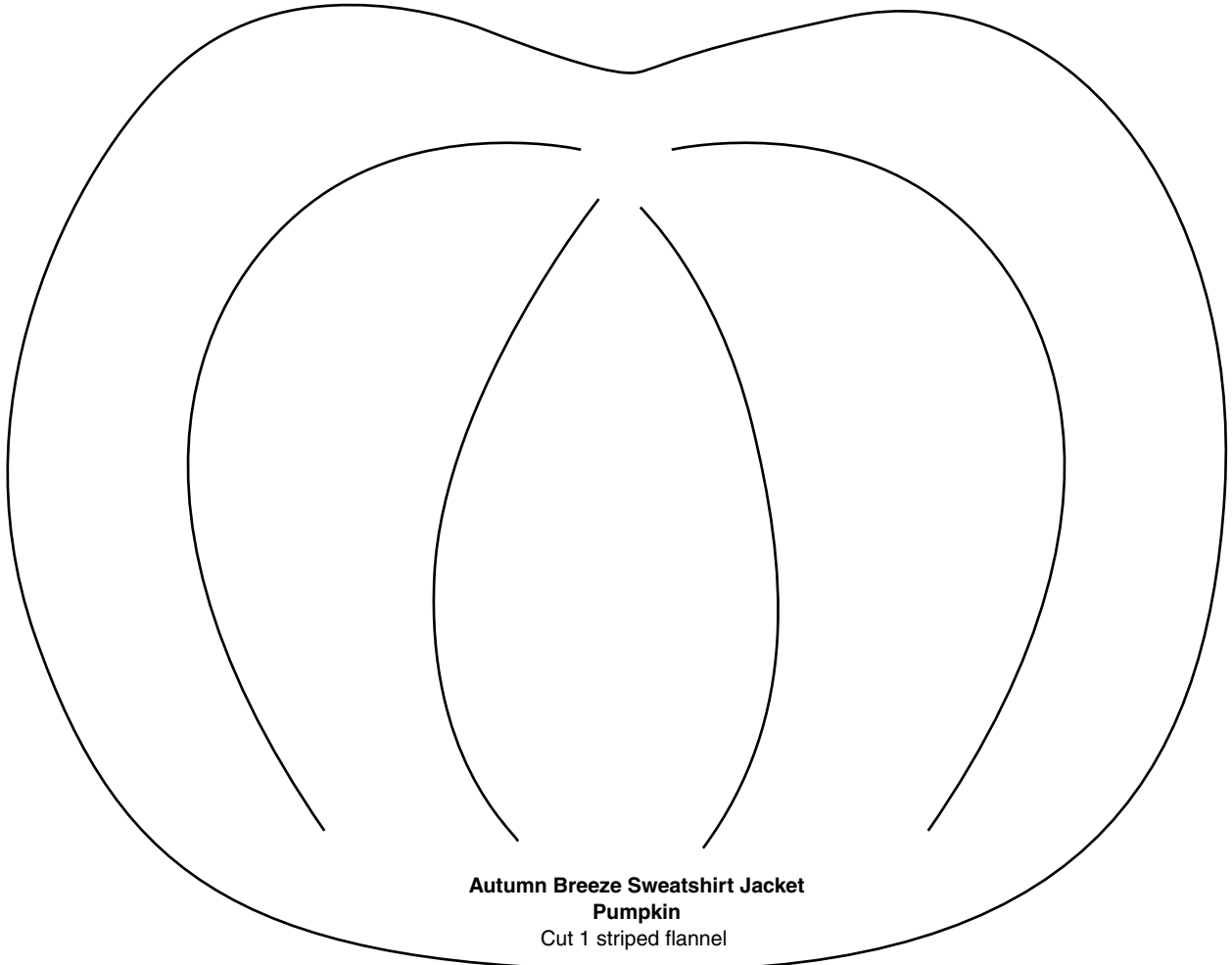


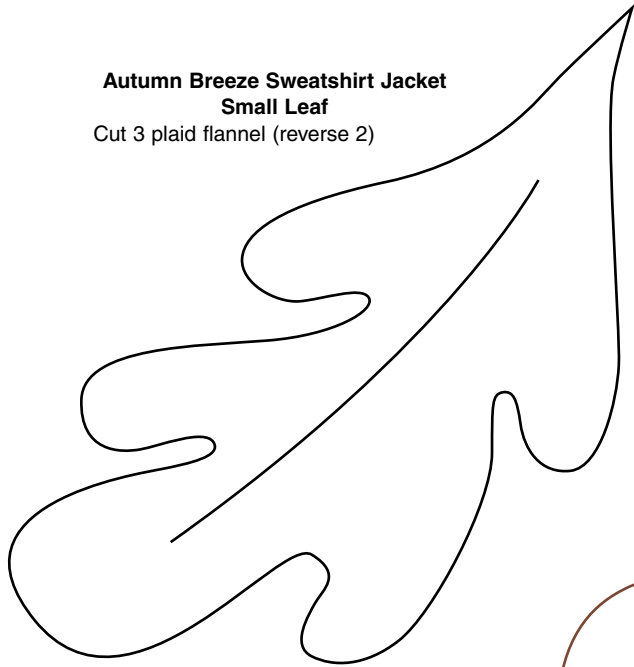
Fig. 1
Chain Stitch



Autumn Breeze Sweatshirt Jacket
Pumpkin
Cut 1 striped flannel

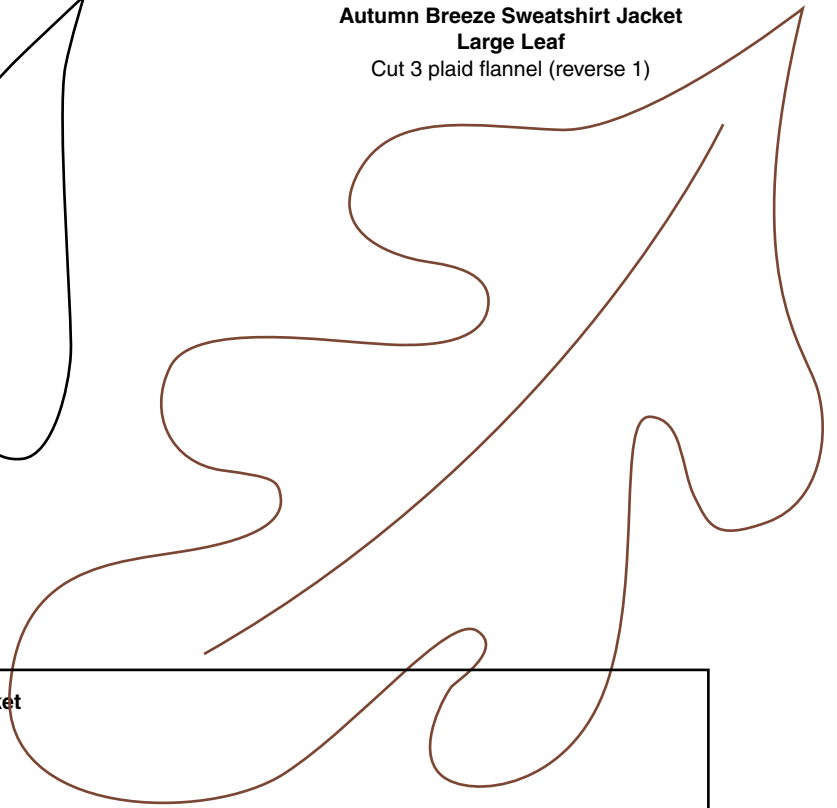
**Autumn Breeze Sweatshirt Jacket
Small Leaf**

Cut 3 plaid flannel (reverse 2)



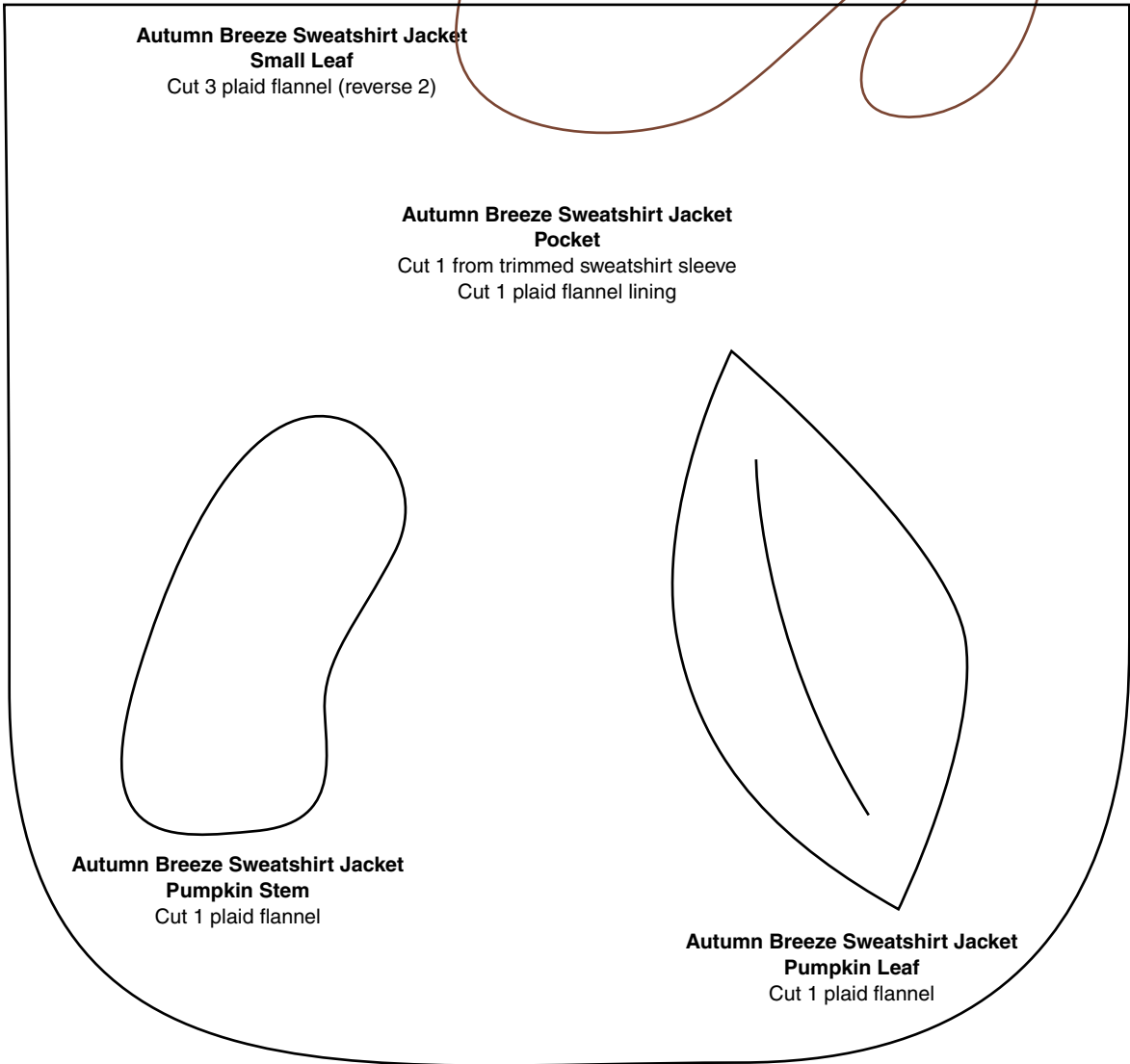
**Autumn Breeze Sweatshirt Jacket
Large Leaf**

Cut 3 plaid flannel (reverse 1)



**Autumn Breeze Sweatshirt Jacket
Small Leaf**

Cut 3 plaid flannel (reverse 2)

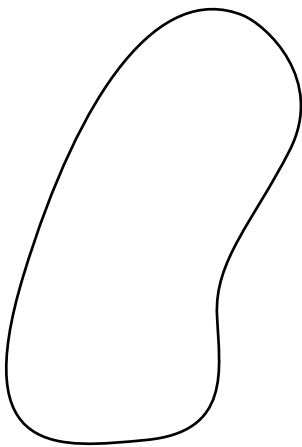


**Autumn Breeze Sweatshirt Jacket
Pocket**

Cut 1 from trimmed sweatshirt sleeve
Cut 1 plaid flannel lining

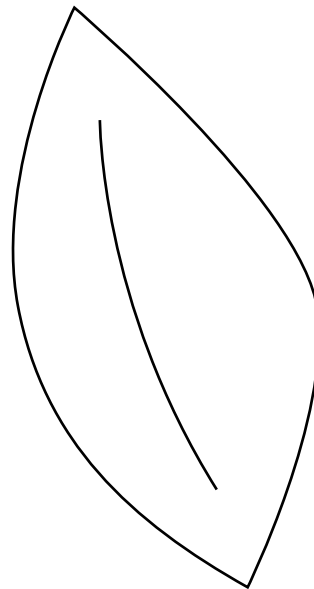
**Autumn Breeze Sweatshirt Jacket
Pumpkin Stem**

Cut 1 plaid flannel



**Autumn Breeze Sweatshirt Jacket
Pumpkin Leaf**

Cut 1 plaid flannel



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