## Bargello Tablerunner

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Our asymmetrical tablerunner can be stitched up in an afternoon and on your table by supper.

## Supplies:

- 1 ea - 8 different colors $-21 / 2^{\prime \prime} \mathrm{x}$ 45 " strips of cotton prints
- 4-1"x 45 " strips for narrow inner border
- 4-3"x 45 " strips for wide outer border
- $4-21 / 2^{\prime \prime} \times 45$ " strips for binding.
- 24 " $\times 45$ " fabric for backing
- 24 " $\times 45$ " lightweight batting (Thinsulate works quite well)
- Optional: Quilt Basting Spray
- Sewing thread to coordinate with fabrics. A medium gray shade can work very well on most fabrics.
- Optional: monofilament thread to quilt runner. You can use the
 coordinating sewing thread if you wish or a high-contrast thread to add interest to your runner.
- $1 / 4$ " quilt piecing foot
- Narrow edge/stitch-in-the-ditch foot (this is a great foot with a narrow blade down the center of the foot that allows for perfect tracking in seamlines of pieced quilts...we recommend, if available, you purchase the foot made especially for your machine)


## Let's Get Started:

1. Using a $1 / 4$ " seam allowance, sew the 8 strips together, right sides facing.

2. With right sides facing, stitch the long edges to form a tube.
3. Cut tube into 4 strips each of the following widths: $1 \frac{1}{4} 4^{\prime \prime}, 1 \frac{1}{1} 2^{\prime \prime}, 1 \frac{3 / 4 ",}{} 2^{\prime \prime}, 2 \frac{1}{4} 4^{\prime \prime}$. You will have 4 sets of 5 strips each. Label each set of strips $A$ to $E$.
4. Follow the illustration and the table below to split the seam between each strip. Split the strips to create 2 identical sets (each set should have 1 ea of strips A-J).

| Strip | Split stitching <br> between rows: |
| :--- | :--- |
| A | 1 and 2 |
| B | 2 and 3 |
| C | 3 and 4 |
| D | 4 and 5 |
| E | 5 and 6 |
| F | 2 and 3 |
| G | 3 and 4 |
| H | 4 and 5 |
| I | 5 and 6 |
| J | 6 and 7 |


5. Lay one set of strips on a flat surface following the illustration. Repeat for the second set of strips.

6. Press the seams of every other strip up, and press the seams of the remaining strips down.
7. With right sides together, use a $1 / 4$ " seam allowance to stitch the strips together. Repeat for the second set of strips.
8. Following the illustration, use a $1 / 4$ " seam allowance to stitch the 2 halves together.
9. With right sides facing, use a $1 / 4$ "seam allowance to stitch the 1" border strip to the top and bottom of each of the pieced blocks. Press seams towards binding. Trim away extra fabric. Repeat procedure to attach the 1" border strip to the sides.

10. Repeat Step 9 to sew the 3" border strips to the pieced blocks.

11. Spray the wrong side of the runner with Sullivans Quilt Basting Spray. Center it on the batting. Press in place. Spray the wrong side of the muslin and press into place on the batting.
NOTE: You can substitute safety pins to baste the layers together in place of the Quilt Basting Spray.
12. Quilt layers together using your favorite embroidery motifs or stippling. Your choice!
13. Beginning at the center of the bottom edge of your quilt, match raw edges of binding and quilt, folding beginning end of binding at a $45^{\circ}$ angle. Stitch using a $1 / 4$ " seam. Continue sewing to corner. When you are $1 / 4$ " from corner of quilt, stop with your needle in the fabric. Raise the presser foot and pivot your fabric on a $45^{\circ}$ angle towards the outer corner of the quilt, lower
 your presser foot and stitch to the outer corner of the quilt. This little angled seam will give you a nice fold line to aid in forming your mitered corner.

14. Remove quilt from machine and fold the binding strip up along the corner seam.

15. Fold the binding strip back on itself, even with the edges of your quilt and stitch using a $1 / 4$ " seam allowance. Sew to the next corner and repeat. Continue in this manner until you reach the beginning of your binding.

16. Cut the end of the binding strip so it overlaps the beginning approximately 3 ".
Overlap end of binding strip at a slight angle over beginning point of binding strip. Continue stitching across to secure. Trim uneven raw edges/tails of binding.

17. Turn binding strip to wrong side of quilt, finger-pressing corners to a nice sharp point. Lightly press. Set machine for a very tiny zigzag stitch ( $1.5 \mathrm{~mm} \times 1.5 \mathrm{~mm}$ ).
18. From wrong side of quilt, fold back one long edge of binding strip so only a tiny ( $1 / 8$ " or less) bit of the binding is showing. Zigzag so the left swing of the needle is biting only slightly into the backing/batting of your quilt and the right swing of the needle stitches in air on the right side of the quilt binding. Tie-off at beginning and
 end of seam. Repeat for remaining sides. Lightly press to flatten binding.


