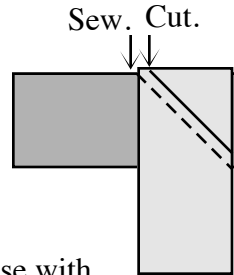


## Binding Instructions

Cut binding strips on the lengthwise or crosswise grain (or on the bias) 2" to 2.5" wide and the distance around the quilt + 10". This width of the binding will be the "magic number."

Join ends of the binding strips by overlapping with right sides together. Sew diagonally. Cut 1/4" seam allowance. Press seam allowances open.



Press strip in half lengthwise with wrong sides together.

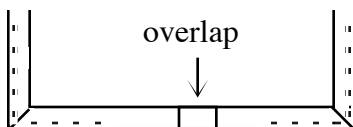
Lay the strip down around the quilt to be sure the joining seams of the binding do not lay at any corners of the quilt.

Stitch onto quilt front using 1/4" seam allowance. Start sewing 5" away from one end of the binding on one **side** of the quilt. Do not start at a corner.

See instructions for mitering the corners.

Stop sewing about 8" away from the starting end of the binding previously sewn.

Overlap straight ends of the binding. Cut ends so they overlap the same width (the "magic number") as you cut the binding.



Stitch ends together using the same procedure as described and shown in the diagram above. You may need to "scrunch" the quilt up to overlap them for sewing.

You may want to press the binding over the edge of the quilt before stitching down by **hand**.

The binding should be filled with the seam allowance when it is turned to the back of the quilt. Put several stitches on each side of the mitered corners to hold the edge secure.

Binding clips can help hold the binding while you stitch it down.

## Mitering Corners of Binding

Stop sewing 1/4" away from the corner.  
Backstitch to secure.

Pull the binding away from the corner at a 90° angle. Be sure the edge of the binding lines up with the edge of the quilt.

Pull the binding back onto the quilt aligning with the edge of the quilt. Begin stitching at the edge. Backstitch at start.

## Blind Stitch Used for Finishing Binding



The blind stitch is the stitch used for sewing your binding down on the back of the quilt. The stitches are exaggerated here so you can see the stitching. Your stitches should barely show!

To do this stitch, knot the end of a single thread and bring up your needle from underneath the background fabric barely piercing the folded edge of the binding.

Insert the needle back into the back of the quilt directly opposite where you came out and just over the edge of the binding. Take the needle into the batting but not through to the top of the quilt and back up through the binding less than 1/4" from the previous stitch.

Continue around the binding being sure you stitch the mitered corners closed on both sides of the quilt using two or three stitches.