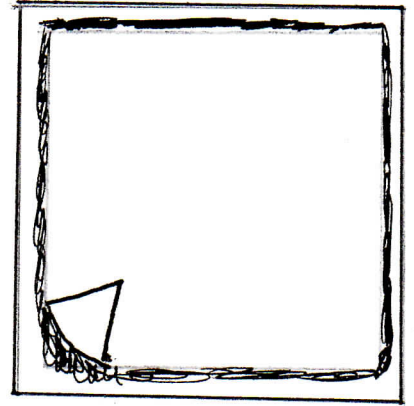


QUILLOW

Materials needed:

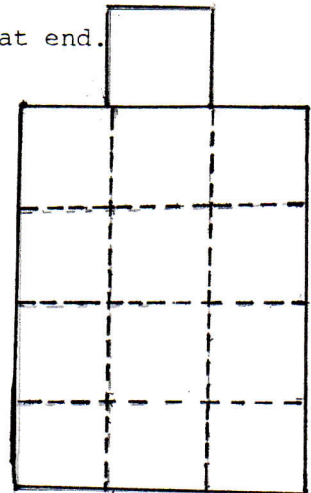
- Fabric pillow, appliqued or quilted
- Polyester batting same size as pillow
- Muslin the same size as pillow
- Piece of fabric (coordinating) for back of pillow
- 2x--1 1/2, 1 2/3, 2 yd of 45" fabric
(same or two coordinating pieces)
- 1 piece batting 45" x 1 1/2 yd, (or correct size)*
- Thread (matching or nylon)
- Yarn--if tying, binding if using pre-quilted



1. Sandwich pillow top (right side up), batting and muslin together.
2. Prepare to quilt by pinning or hand basting through all thicknesses.
3. Place quilted pillow panel and coordinating pillow fabric right sides together. Sew bottom, then sides. Leave top open. Trim corners and turn right-side out. Pull corners out and press edges.
4. Lay backing right side up.
5. Center pillow panel on fabric with back of pillow up, at bottom of fabric.
6. Place second piece of fabric on top of first and pillow, right sides together
7. Place batting on top of fabric layers. Pin in place on bottom and sides. Smooth and roll fabric to fit under arm of sewing machine. Stitch through all layers; bottom, then sides, and top, leaving an opening at the top for turning. Or leave top open. (after quilting, top is turned under with a narrow hem.) Trim seams and corners.
8. Turn right side out. Press edges, edge stitch around outside.
9. Mark for machine quilting or hand tying. Pin the stitching lines and elsewhere as needed.
10. Quilt, lengthwise, then crosswise. Smooth and roll fabric after each stitching line. If top was left open narrow hem, turn under edge to backside.
11. Flip pillow panel down on quilt body. Stitch close to edge on each side. Back stitch or put triangle as for pocket at end.

FOLDING: Holding with pillow pocket in front. Fold long sides to middle (thirds) behind pillow pocket. Fold up from bottom (fourths) so that quilt lays behind pillow pocket. Put both hands to inside corners of pocket, grab all layers of quilt, and pull pillow inside-out.

- *1 1/2 yds--15" pillow 1 2/3 yds--16" pillow
2 yds--18" pillow
- Add 1/2 " seam allowance on beginning pillow fabric
example--15" pillow starts out as a 16" pillow
Sew 1/4" seam allowances, rest is taken up in batting depth.



Shirley Soeller

