

9-PATCH TABLE TRIVET

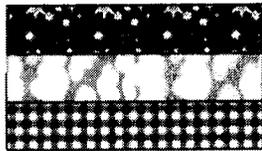
STEP ONE: 9-PATCH BLOCKS:

Designate your Fat Quarters as Fabric 1 and 2.

1. Cut 3 strips from each fabric 3 1/2" wide by the width of the fabric.
2. Cut 3 strips of solid fabric 3 1/2" wide by the width of the fabric.
3. Lay three strips out as follows:

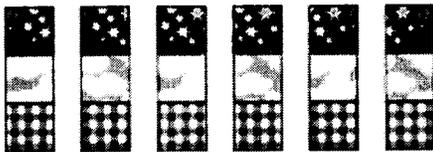
1 strip from fabric one
1 strip from the solid fabric
1 strip from fabric two

Sew a strip from fabric one to the solid fabric, Right Sides Together (RST) using a 1/4 inch seam allowance. Press seam toward the dark strip. Then lay another Strip RST with the Light strip and sew again. Again press the seam toward the dark strip. The three strips when sewn together into a strip set as shown, with the solid fabric in the centre.

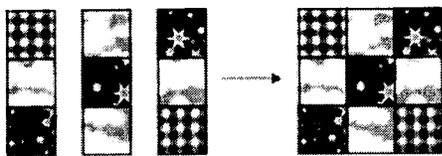


5. Lay out another set of strips as above, having 2 solid strips on the outside, and one fat quarter strip in the middle. Press the seams to the centre strip.

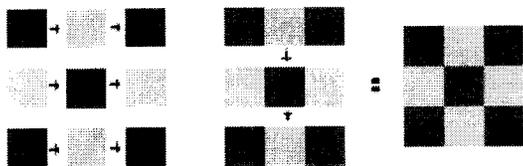
6. Use Rotary equipment to square-up one end of the strip sets. Cut three 3-1/2" segments from each strip sets. Check the leading edge often to make sure it remains at a 90 degree angle with the long edge.



7. Lay the strips out from the first set sewn. Sew the three shorter strips together, with the solid strip in the center to make the first 9 patch block.. Press seam allowances toward the outer strips.



8. Square up one end of the other strip set and cut three 3-1/2" segments from it. Lay the strips out from the second strip set. Sew the three shorter strips together, with the solid strips on the outside to make the second 9 patch block. Press seam allowances toward the center strip.



Make the center nine-patch

Making the Table Trivet:

Layer the trivet as follows:

1. First 9 patch face down
2. Place the batting on top of this 9 Patch 10.5 x 10.5
3. Second 9 patch face up on top of the batting.

Quilting the Table Trivet:

Set your sewing machine for a straight stitch with a 3.0 stitch length. Sew across the three layers diagonally, and evenly space the lines of stitching. (Approximately 2" apart) Using a the ruler, square the trivet to 9"x9".

Binding the Table Trivet:

From your solid fabric, cut a strip 2 1/2"x 40". Press in half, with **wrong sides** together.

Adding the binding and Mitering the Corners:

Starting on one side of the trivet pin the binding to the edge of the trivet with the raw edges even. (Fold of strip must be towards the centre of the trivet. Start stitching the edge of the binding to the trivet, about 1/3 of the way up from the pin (where your eye won't pick up the place where the two binding ends will meet). See figure 1. Stop stitching 1/4" from the end. See figure 2.

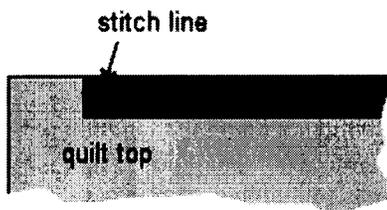


Figure 1

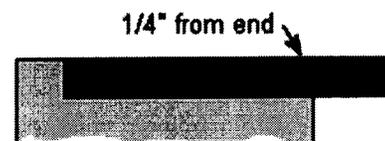


Figure 2

Remove your project from the machine and fold the binding straight up, away from you. This will create a 45-degree fold line. See figure 3. Fold the binding straight down, lining up edges. Stitch from top edge. See figure 4.

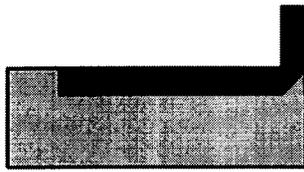


Figure 3

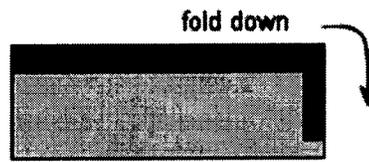


Figure 4

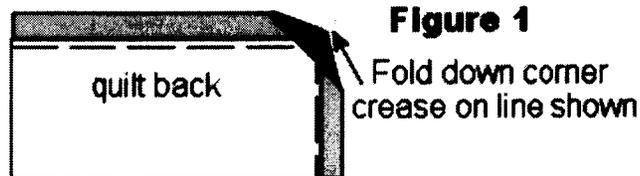
Continue stitching around, creating mitered corners as you go. When you come around to where you began, remove the project from the machine, fold in 1/4" at the end of binding on the side you started. Place the excess binding on top to see how much you need to insert for the closing of the binding. Cut off the excess. Tuck the binding inside of the folded piece pin securely, and stitch across the two binding ends.

Trivet Back

Turn the binding to the back of the trivet. A mitered corner will automatically form on the front side, but you must help things a bit on the back. First, fold one corner down at a 45 degree angle from the corner (figure 1 below).

Then, fold under one side, creating a mitered corner fold (figure 2 below).

Last, turn under the other side, creating a mitered corner fold (figure 3 below). Press well and hand stitch into place using an invisible hem stitch around all loose edges.



By making more than two 9-patch blocks, you could make as many as you like, and turn them into Placemats, and Table runners

Make as many as you would like, and enjoy with the best of health.

Hilma.