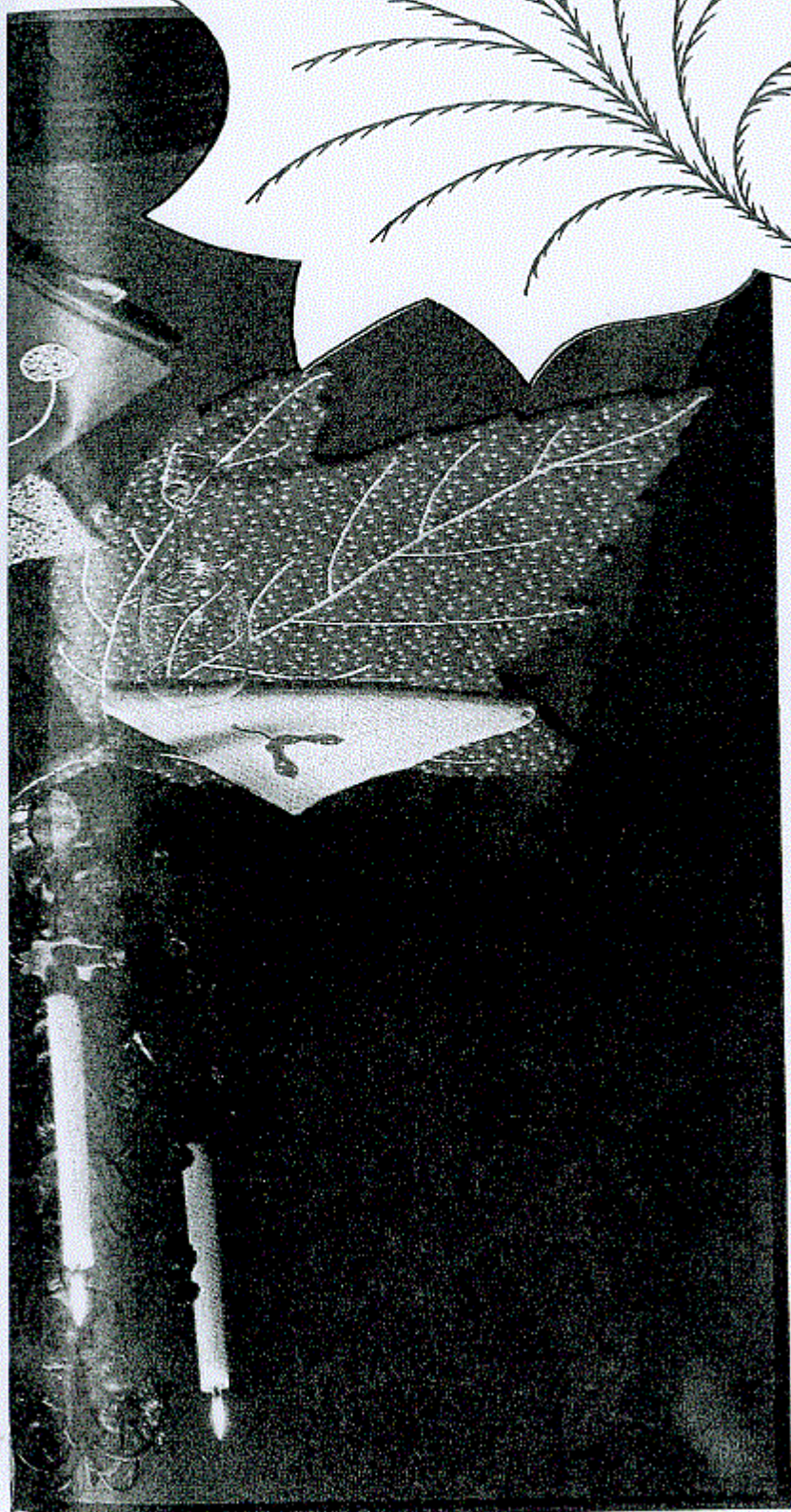
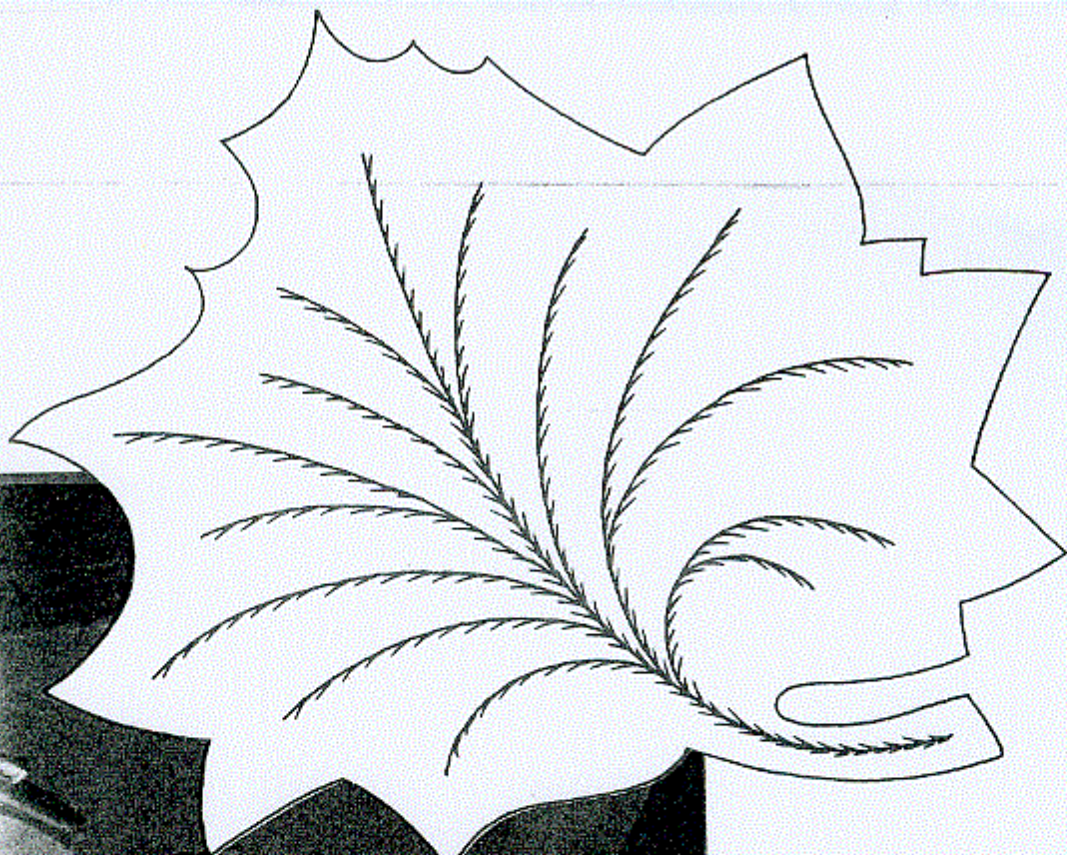
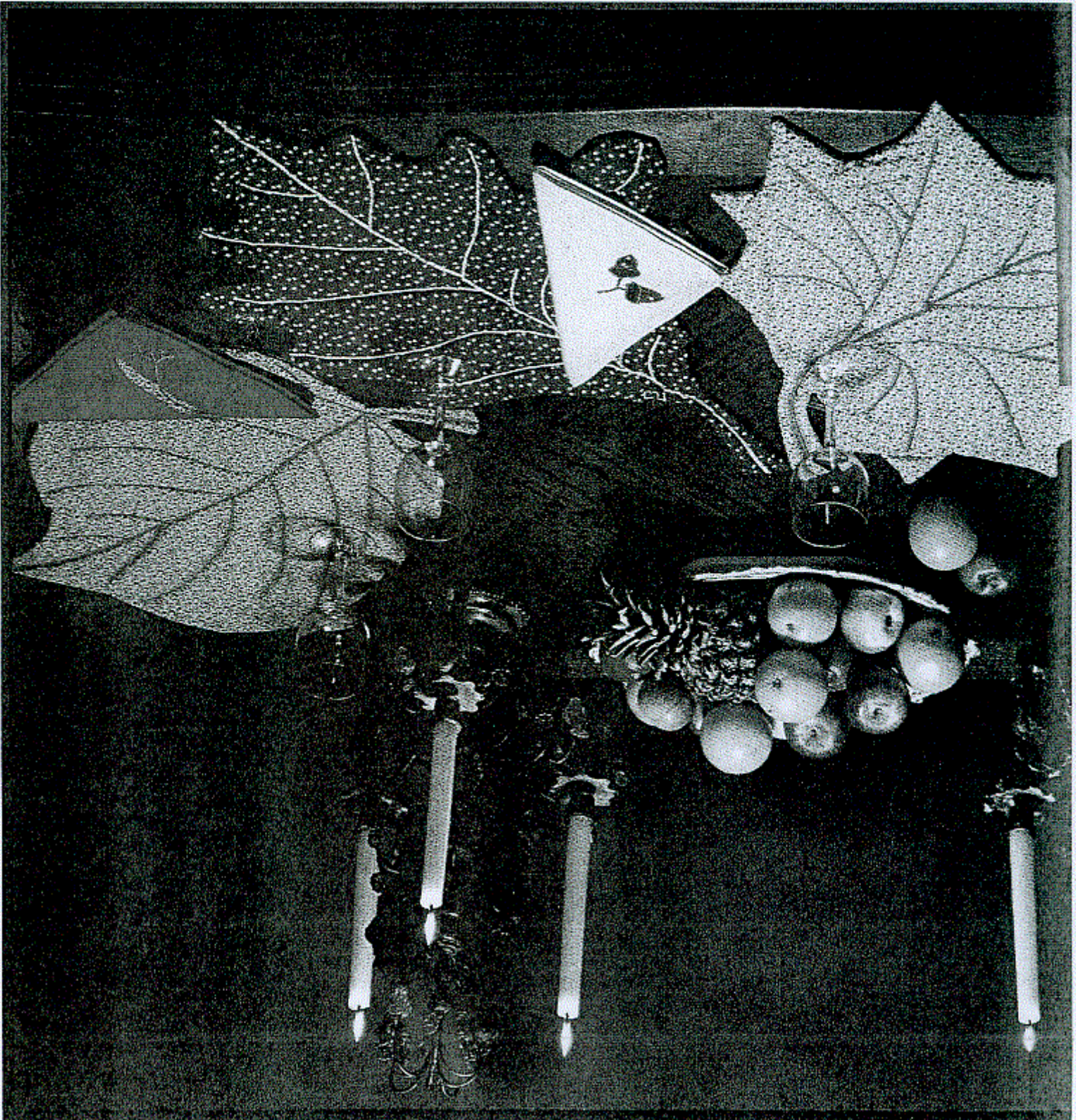


Four true-to-tree shapes cut from calico prints and decorated with plain quilting make eye-catching place mats. And each is paired with a solid-color napkin (to match the color of the quilting) appliqued with the fruit of the tree in matching print. What a clever way to combine print and plain fabrics—and perhaps use up those favorite small remnants you've been saving for something special. Directions start on Page 46.

LEAVES FALLING



If you look closely, you'll notice that two different calico prints, each in two different colors, were used for the place mats above. If you decide to buy new fabrics, you may want to look for the same print in four different colors. And if you're using remnants, four different prints could work very nicely, providing they're all in approximately the same scale.



DIRECTIONS: To make place mats, enlarge patterns for leaves and appliques by copying on paper ruled in 1" squares. Heavy lines indicate cutting lines; fine lines indicate zigzag stitching lines. To cut front and back of each place mat at the same time, pin pattern on doubled fabric and cut, adding $\frac{1}{4}$ " all around for seam allowance. Using hard-lead pencil or dry ball-point pen and carbon paper, transfer vein lines of leaf to right side of one piece of fabric. Using leaf pattern, cut a piece of batting $\frac{1}{8}$ " smaller than pattern all around. Place batting on wrong side of unmarked calico leaf; baste together.

Place the matching calico leaves together, right sides facing; stitch together $\frac{1}{2}$ " from raw edges, leaving stem and 2" on each side of stem open for turning. Clip into seam allowances at curves; turn leaf to right side. Push out points and curves of leaf. Turn in seam allowances around opening and slip-stitch closed. Press edges lightly.

On side of leaf with marked vein lines, pin all thicknesses together in unmarked areas, smoothing out leaf. Stitch along marked lines through all thicknesses with close zigzag stitch and contrasting thread. Use a slightly wider zigzag stitch for center vein.

To make napkins, turn raw edges of each 18" square of fabric under $\frac{1}{4}$ " and press; then turn another $\frac{1}{4}$ " to wrong side, mitering corners, and press. Hem by hand or machine, using matching thread.

To applique each napkin, first trace previously-enlarged pattern of "fruit" that goes with each leaf. Using carbon paper, transfer pattern to scrap of matching calico. Cut out and pin applique to one corner of color-coordinated napkin; mark stem indicated by fine lines on pattern. Using thread to match applique, stitch around edge of applique and along seam lines with tight, narrow zigzag stitch.

SIZE: Place mats vary in size, approximately 21-23"; napkins, 17" square.

EQUIPMENT: Tracing paper. Pencil. Ruler. Scissors. Straight pins. Sewing machine with zigzag attachment. Dressmaker's carbon paper. Sewing needle. Hard-lead pencil or dry ball-point pen. Iron.

MATERIALS: Paper for patterns. For place mats and appliques, calico print fabric in four different colors, 45" wide, $\frac{1}{8}$ yard for each leaf; for each napkin, solid-color fabric to coordinate with place mat, 18" square. Polyester batting for padding place mats. Matching and contrasting sewing thread.

LUNCHEON SET

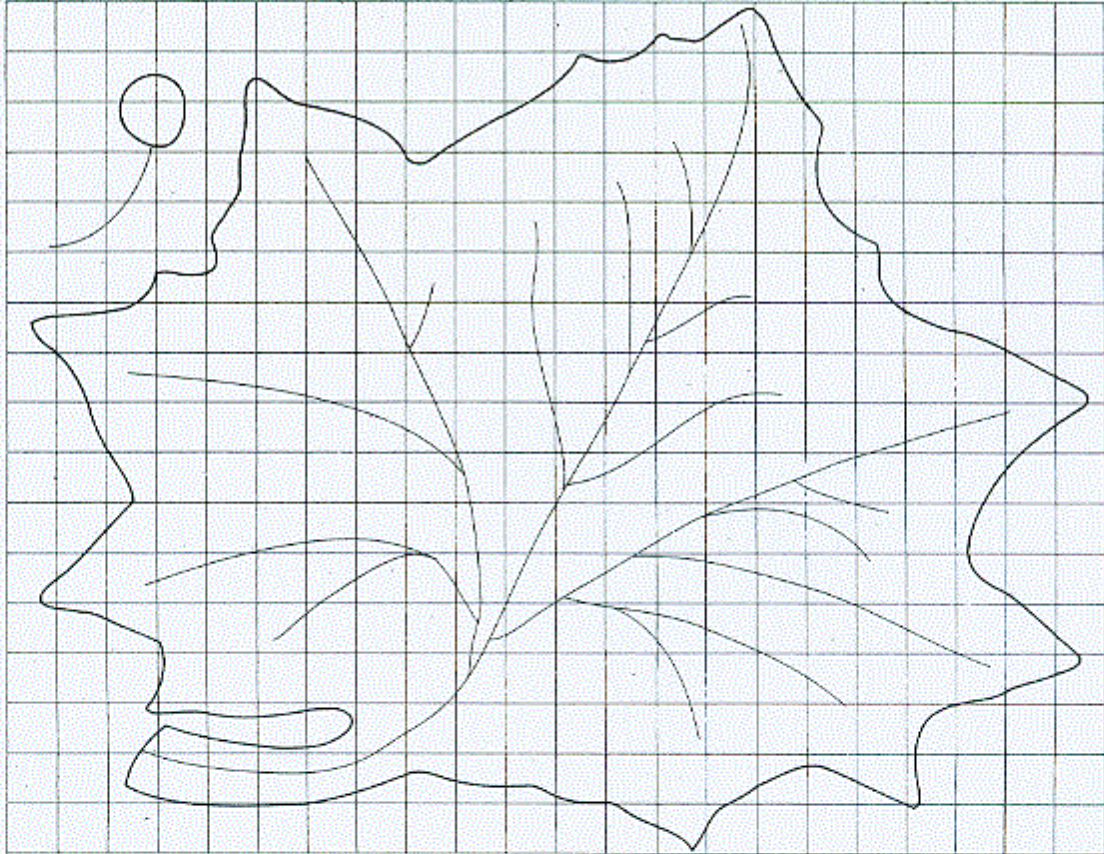
ON PAGES 36-37

edge. Turn quilt right side out through opening, then slip-stitch opening closed. Baste all three layers together in same manner as for batting.

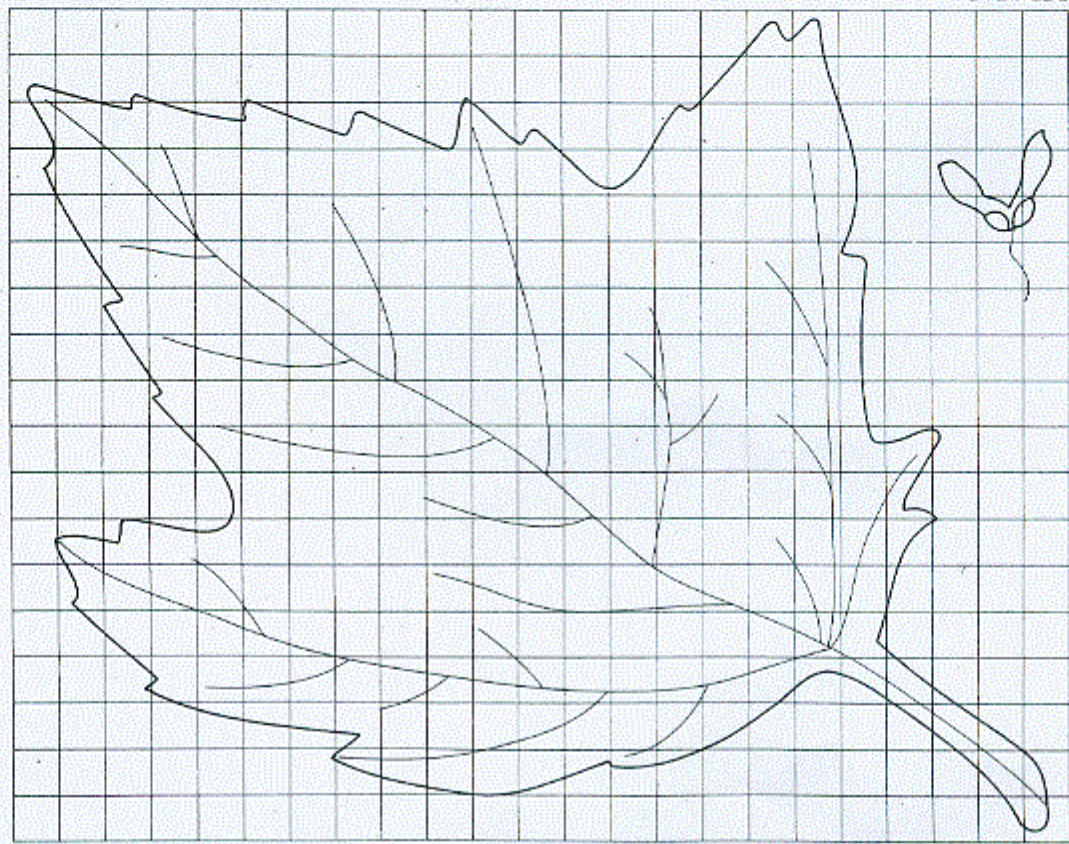
Cut paper pattern along main outlines of each piece to be appliqued. Referring to photograph, trace around each pattern on fabric of appropriate color. Cut out appliques, adding $\frac{1}{4}$ " all around each traced outline. Pin and baste door and windows to castle; do not turn under $\frac{1}{4}$ " margin. Using matching thread, stitch around each applique on marked line. Trim away extra fabric to $\frac{1}{8}$ " from straight stitching. Set sewing machine for close zigzag stitch; zigzag around appliques, covering straight stitching and $\frac{1}{8}$ " margin. Pin completed castle and all other appliques in previously-marked positions on background. Applique in same manner as for castle; use green thread in bobbin and matching color thread in needle. Zigzag over seam dividing sky and foreground at left. Quilt lines in sky and around all edges of quilt, using straight stitch. Remove all basting.

EACH SQUARE = 1"

YELLOW LEAF



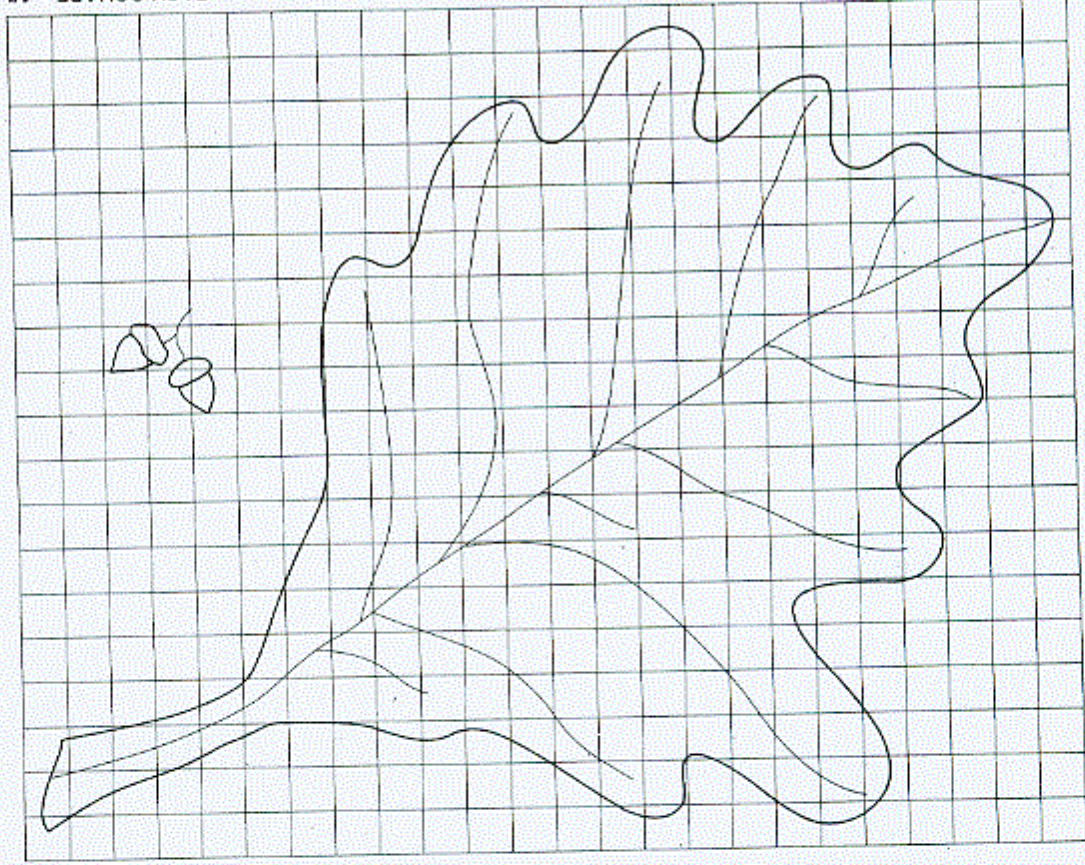
RED LEAF



PATTERNS FOR LEAF-SHAPED PLACE MATS

BROWN LEAF

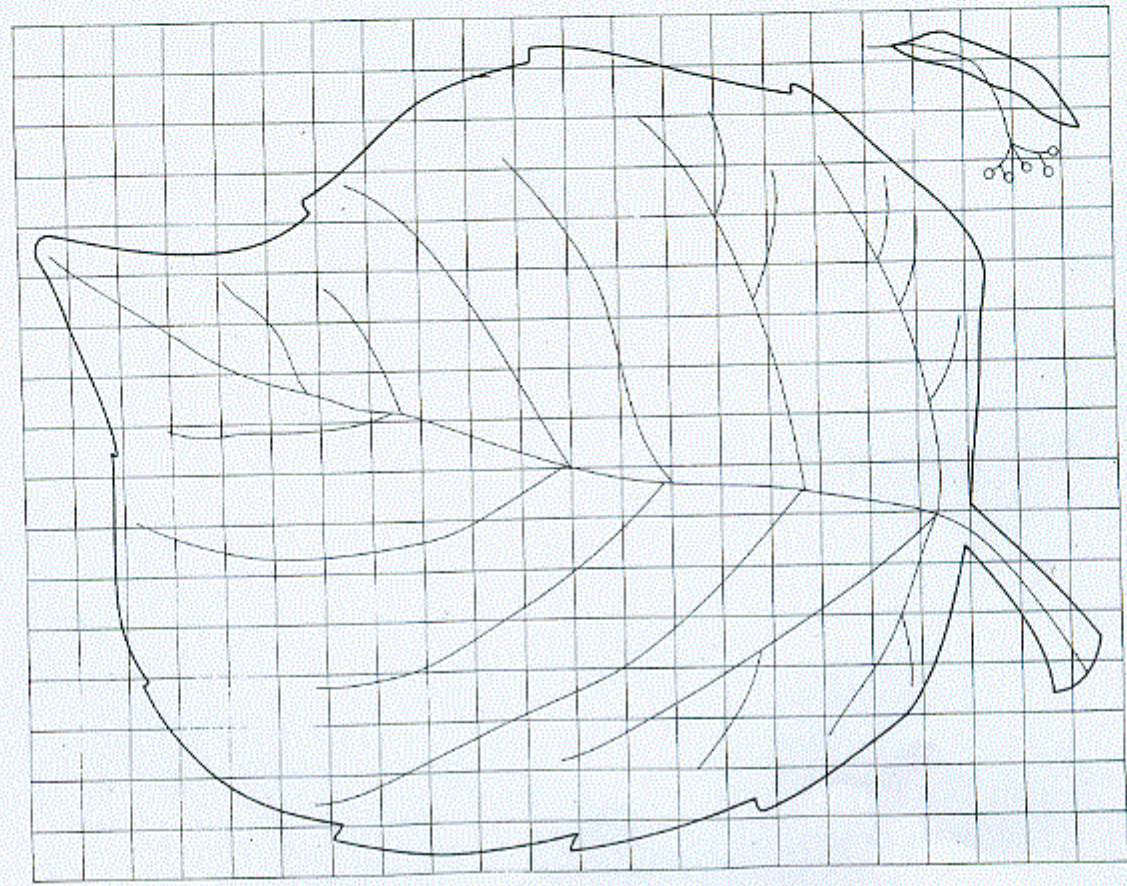
EACH SQUARE = 1"



Stem

17

GREEN LEAF



17

PATTERNS FOR LEAF-SHAPED PLACE MATS