

The heart quilt shown in the article "Friends Helping Friends" consists of 80 log cabin blocks. 30 blocks are Sunshine and Shadows pattern, i.e. light fabrics on one side and dark fabrics on the other, 2 blocks are all dark fabrics and 8 blocks are all light fabrics. He used a 2 inch square for the center of each block and 2" strips for the logs. 1/4 inch seams were used throughout. After squaring up all the blocks, they were laid out following the attached chart. He added a 4" border all around and then a narrow doubled binding after machine quilting was completed.

