

## **Ruching a Rose**

**Peg Distasi, Designer  
Gal288**

- 1. Cut a strip of fabric, w/o/f x 1-1/4"**
- 2. Use heavy matching thread, I use quilting thread, cut thread 18" long**
- 3. Press strip edges in to overlap.**
- 4. Start by turning in end a scant 1/8" and tack.**
- 5. Begin stitching in a zig-zag motion, taking 3 to 4 stitches from top edge to bottom edge.**
- 6. Loop your thread under or over the fold before you begin stitching in the other direction.**
- 7. After sewing 3 to 4", pull the thread to pucker the fabric**
- 8. Continue in this manner to end, securing the end 1/8".**

**You are now ready to add the strip to the background.**

- 1. Start in the middle of the rose placement, secure the end with tiny tacking stitches.**
- 2. Begin making circles with the strip, securing with a pin as you go, and tucking the strip underneath the previous circle. When the strip moves into the second ring, the previous ring's outer petals should overlap the next ring's inner petals.**
- 3. Secure each petal with a tacking stitch, hidden in the fold of the fabric.**
- 4. Continue making circles until the rose is the size you desire.**
- 5. When ending tack the end of the strip securely under the last row.**