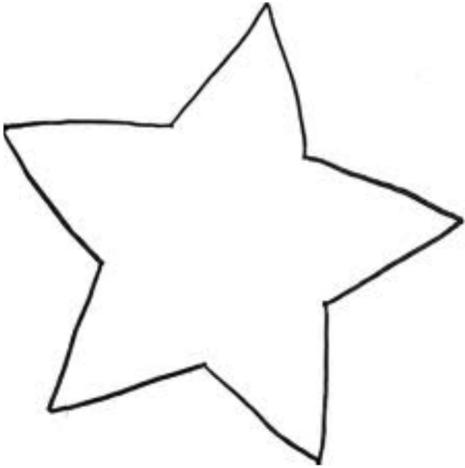


Reverse Applique by R. Helsel

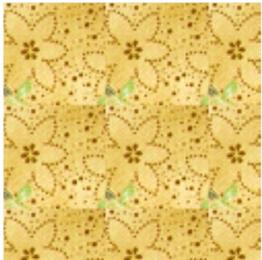
Materials and Supplies Needed:

Shape (Template or cut one out of cardstock or other heavy weight medium)

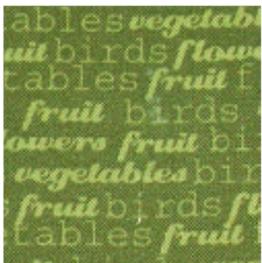
*(Star is only an example image; I don't recommend using it, as it is too small.)



Foreground Fabric (cut approximately 3-4" on all 4 sides more than your desired finished block size)



Background Fabric (cut approximately 1-2" on all 4 sides more than your desired finished applique size)



Quilter's marking pen

Coordinating or contrasting thread (depends on your project and taste)

Open Toe presser foot

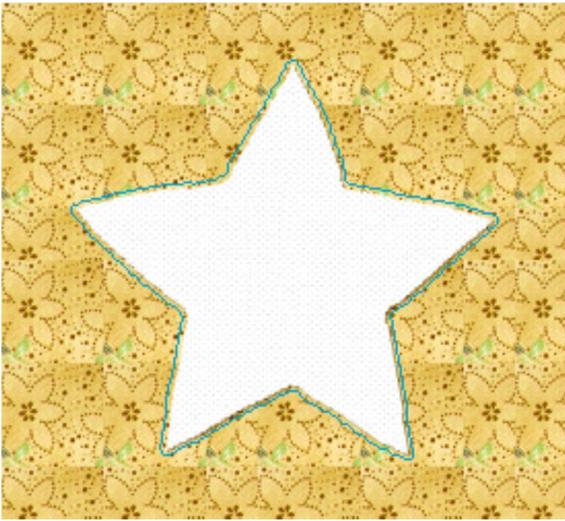
Straight pins

Instructions:

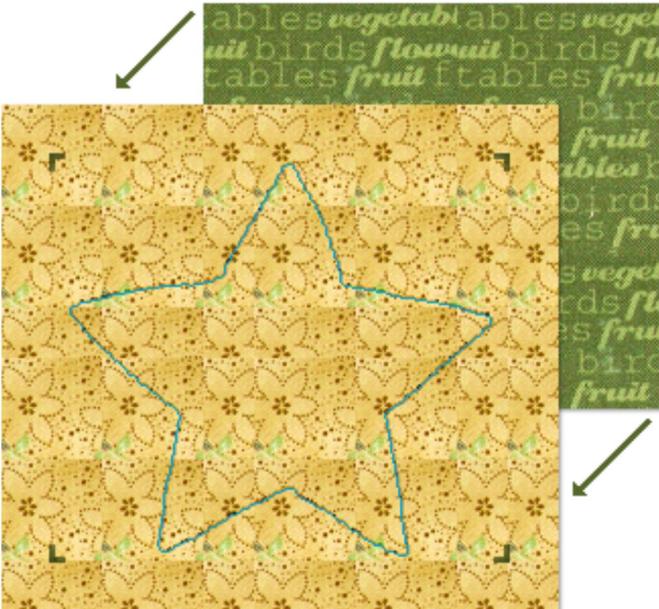
Place your cutout shape / template face down onto the right side of your foreground fabric:.



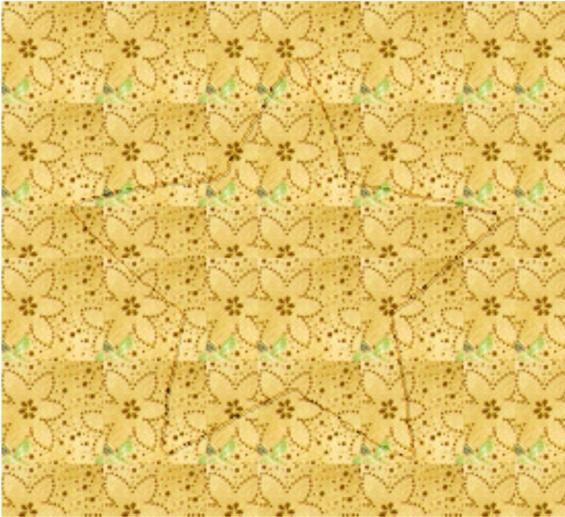
Trace around the outside of the shape / template with a quilting pen. Remove the shape / template and place aside.



Place and center background fabric right side up, underneath the foreground fabric as shown:



Pin (do not over pin), and sew completely around ON the drawn line, be sure to backstitch at beginning and end.



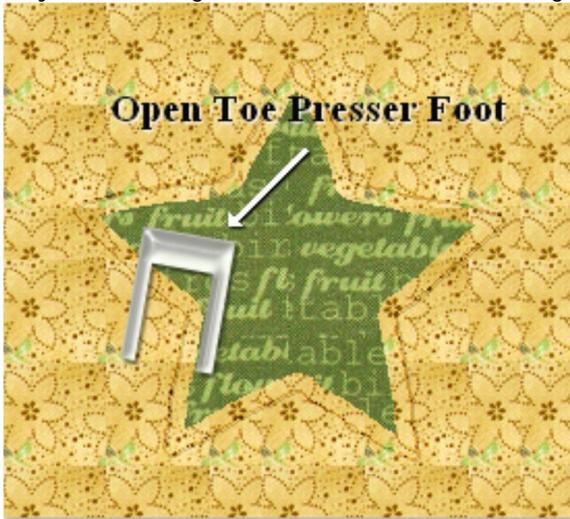
Pull the fabrics away from one another by pinching the center of each piece. This is necessary because you need to cut a small hole in the center of the star in the foreground fabric (for relief), as you have to cut away the center of the foreground fabric. Once you have your relief hole cut, cut the center out leaving $\frac{1}{2}$ " seam allowance from the stitched seam.



Fold the seam allowance underneath itself to $\frac{1}{4}$ ". Finger press, starch, and steam iron press as you go.



Using your open-toe presser foot, line up the folded edge of the inner part of your foreground fabric butted up against the inner side of the right side of the presser foot and sew a straight seam as close to the fold as possible being sure to stay on the foreground fabric, backstitch at beginning and end.



Press; trim away the excess background fabric leaving approximately ¼" seam allowance. Square the block down to the size you need.

